

Summer School 24/25 October Newsletter

New dancers and Summer School first timers are especially welcome.

We are excited that registrations keep rolling in for Summer School and we now have over 170 signed up to dance, teach or make music. It is still not too late to <u>register</u>. Any new resident bookings will go on a wait list as all the rooms are booked, but there is still plenty of room for commuters. If you are just blowing through Wellington or only want to attend casually, there are also details about evening tickets and casual meals below.

Evening Dance tickets

The cost of evening dances is already included for residents and commuters, but you don't need to be registered for the School to come along to evening dances. You can just turn up and pay at the door, or alternatively you can purchase a multi-pass in advance – a discounted ticket to all 7 evening events – giving you one night free.

Casual evening functions

Opening night, Youth night, Kiwiana night, Ceilidh and Final night \$15 RSCDS and \$20 Non-RSCDS, \$5 JAMs / Juniors / Spectators

President's Ball and Hogmanay

\$30 RSCDS and \$35 Non RSCDS, \$15 JAMS / \$15 Juniors / \$20 Spectators

Multi-pass Entry to all evening events

\$120 RSCDS and \$150 Non RSCDS, \$50 JAMs / \$50 Juniors

For this option please email nzsummerschool2024@gmail.com to let us know how many tickets you want and make payment to the NZ Summer School NI bank account 01-0235-00104533-004 and include 'Multi pass' and your name as reference. Your ticket will be available for you to collect at the door on the Opening Night.

Casual Meals

Commuters and casual attendees can sign up to share a meal at Scots College. This is a great way to socialise and can make life easier when you are busy with all the exciting things on offer.

Prices are \$15 breakfast, \$22 lunch and \$35 dinner.

Casual meals need to be booked in advance so the catering can be planned. Book your casual meals by 19 December 2024 using this google form.

Some extra offerings at Wellington Summer School

To help with the physicality of the week we have arranged for Mia Tetley from <u>articulate – Pilates & Therapeutic Massage</u> to offer a Pilates class and massages on-site during the school.

Pilates (max 10 people) – 4pm 29 December \$30 for 55 min class

Help prepare yourself for the rigours of all the dancing you are about to do! This Pilates class will focus on breath, stretching, and gentle concentrated movement to encourage core control which helps establish and maintain a well-supported spine and joints. There will be some focus for your feet and legs. All you need are comfortable clothes that are easy to move in. No shoes, but socks are ok if you wish.

Small equipment and mats are provided. Variations of all movements can also be done at home.

Note: this is NOT a high powered aerobic session, but a calming, strengthening workout designed to help you get the most from your Summer School.

Text 027 489 0469 or email miatetley@yahoo.co.nz to book your place.

Massage - \$50 for every 30 mins

Massages will be offered throughout the school, each afternoon from 1pm (last booking to finish at 5pm)

Massage \$50 for every 30 mins (flat rate, but booking more than 1 session gives more time on the table as no 'turn around' required).

Check what times are available on the <u>bookings sheet</u>, and text 027 489 0469 or email <u>miatetley@yahoo.co.nz</u> to book your place (she will confirm and fill in the sheet).

If you have any questions or need assistance with bookings, please contact Mia, or Jeanette Watson 027 214 4125, or nzsummerschool2024@gmail.com

Flamingo Scooters

To assist you in visiting the supermarket and exploring the local area, or getting to class if you miss the bus(!), we have arranged with Flamingo (locally owned, electric vehicle provider) to have a supply of e-bikes and e-scooters available for hire close to the school grounds.

The Flamingo Bike is electric assisted, the onboard intelligent system automatically applies power as you pedal based on the cycling environment. Bikes have a top assisted speed of 32 km/h.

Find more information at https://flamingoscooters.com/city/wellington. You will need to install the Flamingo Scooters app from the App Store or Google Play.

Of course this is all at your own risk, but if you are like me, you have always secretly wanted to have a go – so why not take the opportunity at Summer School!

Note that wearing cycle helmets is compulsory in New Zealand – so bring your own, or use the Flamingo provided one.

McPhee's Celtic www.mcphees.co.nz

We are delighted that Elaine from McPhee's Celtic has agreed to have a shop at the school. This will, however, only be open for a couple of days early in the school – but long enough for you to stock up on dancing shoes, kilt hose, flashes and other dancing essentials. Opening times will be advertised in our December Newsletter and daily newsletter at the school.



We are looking for volunteers

Volunteer dancers for RSCDS teaching exams

The teaching exams consist of each exam candidate teaching a class of about three sets of dancers. The class typically includes teaching a formation or steps required in the dance as well as the dance itself. So we need dancers for the class and would love you to volunteer if you are intermediate or advanced level. This is a great way of getting some free teaching!

The exams will be held in two sessions: **9.00am - 12.00pm and 1.30pm - 4.30pm on 3 January.** We are also looking for volunteer dancers to help the teachers in practice sessions from **1.30pm - 4.30pm on 30 December and 1 January.**

Dancing volunteers will not be required to dance for the full practice session or exam session.

To find out more and sign up to volunteer in this way please check out the link Volunteer Dancers

First Aiders / doctors / nurses

While we hope everyone will stay safe at Summer School, we still need a few people prepared to provide first aid in the event of any injuries or medical issues. If you have a current first aid certificate or are a healthcare professional and are prepared to help if required, we would love to hear from you. Contact us at nzsummerschool2024@gmail.com if you are able to help.

Some reminders...

Get out the number 8 wire

We hope you are all considering what Kiwiana means to you and getting costumes sorted for our Theme night. We are definitely working on some special kiwi experiences for the night.

Wait – what do we mean by 'number 8 wire'?



Here is how Wikipedia explains it:

As a consequence of the ubiquitous use of number 8 wire in New Zealand, remote farms often had rolls of number 8 wire on hand, and the wire would often be used inventively and practically to solve mechanical or structural problems other than fencing. Accordingly, the term "number 8 wire" came to represent the ingenuity and resourcefulness of New Zealanders, and the phrase "a number 8 wire mentality" evolved to denote an ability to create or repair machinery using whatever scrap materials are available on hand.

Get more ideas about Kiwiana here.

Order your polo shirt before the 7th November

Shirt orders close on **7 November 2024** and shirts will be available for collection when you register at Summer School.

We have branded polo shirts available in a range of colours and in mens and ladies styles for just \$35 each. You can order these using the google form on the Summer School website.





So whether you are flying, driving or swimming, we look forward to seeing you at Wellington Summer School.

We know you'll be blown away by a Wellington welcome.







Organiser: Ann Oliver

Email: nzsummerschool2024@gmail.com

Register now: nzsummerschool2024.nz

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